

MIDDLE SCHOOL RETREAT 2026

WHO SHOULD ATTEND?

ALL STUDENTS FROM 6TH- 8TH GRADE

WHY SHOULD I ATTEND?

MS RETREAT IS AN INTENTIONAL TIME SET ASIDE FOR STUDENTS TO ESCAPE THEIR NORMAL ROUTINES & NORMAL DISTRACTIONS IN ORDER TO GATHER FOR GREAT WORSHIP, AWESOME SESSIONS, TASTY FOOD, FUN GAMES, EXCITING FREE TIME, A TIME TO BUILD NEW AND CONTINUED RELATIONSHIPS WITH FRIENDS AND LEADERS...AND MOST IMPORTANTLY WITH GOD.

WHEN IS THE RETREAT?

DEPARTURE – PLEASE ARRIVE AT THE FRONT OF THE CHURCH ON FRIDAY, SEPTEMBER 18TH 5:00- 5:30 P.M. WE WILL DEPART FROM CENTRAL @5:45PM IN CHURCH VANS. LEADERS WILL DRIVE.

RETURN - WE WILL RETURN TO CENTRAL IN THE DOWNSTAIRS STUDENT WING ON SUNDAY, SEPTEMBER 20TH @ 9 A.M. – WE WILL DO OUR LAST SESSION DURING THE SUNDAY MORNING LIFE GROUP HOUR (9:15AM-10:20AM). STUDENTS THEN WILL HAVE THE OPTION TO SIT TOGETHER FOR THE SUNDAY MORNING SERVICE (10:30AM-11:45AMISH). STUDENTS WILL LEAVE THEIR LUGGAGE IN THE DOWNSTAIRS STUDENT WING AND STUDENTS AND THEIR LUGGAGE CAN BE PICKED UP IMMEDIATELY FOLLOWING THE SERVICE. STUDENTS ARE CERTAINLY ALLOWED TO BE PICKED UP EARLIER ONCE WE ARRIVE AS WELL.

WHERE IS THE RETREAT?

THE RETREAT WILL BE HELD AT MESSIAH'S RANCH WHICH IS ABOUT 30 MINUTES AWAY FROM CENTRAL. THE ADDRESS IS 10061 TAYLOR ROAD, BRYAN, TX. WE WILL BE ON THE GROUNDS OF THE CAMP THE WHOLE WEEKEND. WE WILL STAY IN AIR-CONDITIONED CABINS. YOU CAN VISIT <https://www.messiahsranch.org/> FOR MORE INFO ABOUT THE CAMPSITE.

WHAT IS THE COST OF THE RETREAT?

THE RETREAT IS \$100 PER STUDENT. THERE ARE ALSO SCHOLARSHIPS AVAILABLE ON AN "AS NEEDED" BASIS. PLEASE EMAIL Clindsey@centralbcs.org FOR MORE INFO ABOUT SCHOLARSHIPS.

WHO WILL LEAD THE RETREAT?

CONNOR LINDSEY (THE MIDDLE SCHOOL ASSOCIATE) WILL LEAD THE SPEAKING SESSIONS. ALL OF THE CENTRAL STUDENT STAFF WILL BE ON SITE FOR THE RETREAT AND LEADING IN EVENTS. OUR COLLEGE & YOUNG ADULT ZEAL LEADERS WILL LEAD BREAKOUT SESSIONS WITH THEIR STUDENTS. WE WILL ALSO HAVE PARENTS OR OTHER ADULTS SERVING AS KITCHEN CREW, CHAPERONES, AND AS THE RETREAT NURSE.

HOW DO I REGISTER MY STUDENT?

YOU CAN REGISTER AND PAY ONLINE AT <https://centralbcs.org/event/msretreat/>

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WHAT SHOULD I BRING?

- CASUAL CLOTHES FOR 3 DAYS (FRIDAY EVENING, SATURDAY ALL DAY, SUNDAY MORNING). REMEMBER IT WILL LIKELY BE PRETTY HOT!!!
- MODEST SWIMSUIT (1 PIECE FOR GIRLS OR SHIRT & SHORTS & GUYS MUST WEAR A SWIM SHIRT), SLIDES/FLIP FLOPS/SANDALS, TOWEL (THERE IS A POOL AND A LAKE)
- SOCKS & TENNIS SHOES FOR RECREATION
- TOWEL AND TOILETRIES
- SLEEPING BAG AND/OR SHEETS, AND PILLOW
- BIBLE, JOURNAL, AND PEN
- ZEAL PACKET (IF YOU HAVE ONE... THIS IS THE CENTRAL STUDENTS SUNDAY NIGHT BIBLE STUDY PACKET)
- BUG SPRAY AND SUNSCREEN
- FLASHLIGHT
- FISHING GEAR IF YOU WANT TO FISH
- SPORTS BALLS, BOARD GAMES, CARD DECKS, ECT...
- SNACKS
- LABELED MEDICATION IN ZIP LOCK BAG

WHAT SHOULD I LEAVE AT HOME?

PARENTS WILL BE NOTIFIED AND THESE ITEMS WILL BE CONFISCATED AND RETURNED AFTER THE RETREAT IF A STUDENT IS FOUND WITH ONE OF THESE ITEMS

- CELL PHONES AND OTHER ELECTRONICS -> NO PHONES, GAMING CONSOLES, I PADS, ETC...
- ANYTHING OF SPECIAL VALUE; JEWELRY, ETC.
- ALL PRANK ITEMS AND ANY WEAPONS INCLUDING POCKET KNIVES
- MONEY (EVERYTHING WILL BE PROVIDED)
- A BAD ATTITUDE

ARE YOU REALLY ASKING STUDENTS NOT TO BRING PHONES?

YES! WE HAVE SEEN SO MANY TIMES, PHONES AND ELECTRONICS SERVE AS A MAJOR DISTRACTION. THIS MAKES IT DIFFICULT FOR STUDENTS TO FOCUS ON GROWING IN RELATIONSHIP WITH FRIENDS, LEADERS AND MOST IMPORTANTLY WITH GOD. WE ASK THAT IF PARENTS NEED TO GET A HOLD OF THEIR STUDENT, THEY DO SO THROUGH THE YOUTH LEADERS. CONNOR WILL PROVIDE A LIST OF CONTACTS IN A PARENT EMAIL THE WEEK OF THE RETREAT, FOR ALL STUDENTS REGISTERED. PLEASE REACH OUT TO CONNOR OVER TEXT OR AT Clindsey@centralbcs.org IF YOU HAVE ANY QUESTIONS.

WHAT SHOULD I EXPECT?

FUN FEATURES: LAKE, SWIMMING POOL, GAGA BALL PIT, 9-SQUARE, FUN LATE NIGHT GAMES, SNACKS, GREAT FOOD, & REALLY COOL CABINS. THIS IS GOING TO BE A GREAT WEEKEND FILLED WITH FRIENDS, LOADS OF

FUN, WORSHIP, AND TIME TO LEARN AND GROW IN OUR RELATIONSHIP WITH GOD. STUDENTS SHOULD EXPECT TO BE CHALLENGED TO LIVE OUT THEIR FAITH AS THEY HEAD BACK TO DAILY LIFE.

WHAT'S THE DEAL WITH MEDICINE & FIRST AID?

MEDICINE MUST BE TURNED IN AT CHECK-IN. PLEASE BRING ALL MEDICINE IN A ZIPLOC BAG. WE WILL HAVE A MEDICINE SCHEDULE FOR PARENTS TO FILL OUT IN PERSON FOR THEIR STUDENT, FOR OUR NURSE TO REFERENCE. THE NURSE WILL BE THE SOLE PERSON DISTRIBUTING MEDICINE AND HANDLING INJURIES AND SICKNESSES. THE NURSE WILL CONTACT PARENTS IF INJURIES OR SICKNESSES OCCUR.

WHAT IF I HAVE A SCHEDULE CONFLICT?

PLEASE CONTACT CONNOR @Clindsey@centralbcs.org & WE WOULD BE MORE THAN HAPPY TO WORK WITH YOU TO ARRANGE A PLAN FOR YOUR STUDENT TO STILL PARTICIPATE IN THE RETREAT!!!

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RULES AND GUIDELINES

- COME READY TO HEAR FROM THE LORD
- SET ASIDE ALL DISTRACTIONS
- DO NOT BE A DISTRACTION TO YOURSELF OR TO OTHERS DURING WORSHIP, SESSIONS, AND BREAKOUT TIME
- COME READY TO MEET NEW PEOPLE AND MAKE NEW FRIENDS
- LISTEN TO YOUR LEADERS AT ALL TIMES
- EVERY STUDENT MUST BE WITH ONE OF THEIR LEADERS AT ALL TIMES
- DO NOT DAMAGE THE CAMP PROPERTY -> YOU WILL BE RESPONSIBLE
- STUDENTS SHOULD ONLY BE IN THEIR BUNK ROOMS & NO ONE ELSE'S BUNK ROOM
- STUDENTS MUST TAKE SHOWERS, CHANGE CLOTHES, WHEN ASKED...MS BOYS THIS ONE IS ESPECIALLY FOR YOU
- THE GOLDEN RULE IS IN EFFECT:
 - "SO WHATEVER YOU WISH THAT OTHERS WOULD DO TO YOU , DO ALSO TO THEM..."
(MATTHEW 7:12A)
- THE STUPID RULE IS ALSO IN EFFECT:
 - "IF IT'S STUPID, DON'T DO IT"
 - "IF YOU'RE NOT SURE IF IT'S STUPID, IT IS...DON'T DO IT"

FRIDAY, SEPTEMBER 18

5:00 PM - 5:30PM

5:45 PM

6:15 PM

6:45 PM

7:30 PM

8:30 PM

9:00 PM

9:15 PM

10:15 PM

10:45 PM

11:00 PM

CHECK-IN

DEPART FOR MESSIAH'S RANCH!!

ARRIVE & SETTLE IN CABINS

DINNER

SESSION 1

SMALL GROUP DISCUSSIONS

LATE NITE SNACK

LATE NITE ACTIVITY

GET READY FOR BED

IN CABIN ROOMS

LIGHTS OUT

SATURDAY, SEPTEMBER 19

7:30 AM

8:00 AM

8:30 AM

9:00 AM

10:00 AM

11:00 AM

12:00 PM

1:00 PM

2:00PM

6:00 PM

7:00 PM

8:00 PM

8:30 PM

8:45 PM

9:45 PM

10:15 PM

10:30 PM

WAKE UP & GET READY

DEVOTIONAL - ZEAL READING

BREAKFAST

REC TIME

SESSION 2

SMALL GROUP DISCUSSION

LUNCH

GROUP TIME

FREE TIME

DINNER

SESSION 3

SMALL GROUP DISCUSSION

LATE NITE SNACK

LATE NITE ACTIVITY

GET READY FOR BED

IN CABIN ROOMS

LIGHTS OUT

SUNDAY, SEPTEMBER 20

7:00 AM

7:30 AM

8:30 AM

9:00 AM

WAKE UP, GET READY, & DEVOTIONAL

CLEAN UP

DEPART FOR CHURCH

BREAKFAST

9:15 AM
10:30 AM

SESSION 4
WORSHIP SERVICE